

FIRST LINE LEADER



WATIONAL CLUTPO

SCHEDULED BY REQUEST

First Line Leader was designed to build well-balanced leaders equipped with the skills and tools necessary to build cohesive and ready teams. The course builds trust, creates self-awareness, provides self-regulation tools, trains leaders to identify risk factors and how to connect others to the appropriate resources.

For this 8 hour course, our team will come to you. *Total Health workshops are available for Junior Enlisted during this time, if requested.

TO SCHEDULE A COURSE, EMAIL: IDNGJ9HEALTHANDWELLNESSBRANCH@ARMY.MIL

FOR QUESTIONS OR TO REGISTER, CONTACT:

CPT MIKE RAMEY

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Topics include: Building trust, improving communication skills, tools to help them lead and develop their subordinates, and using the Total Health model to identify risks and connect to resources

















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