

We serve those who serve:

- All Military Branches (Active duty, Reserves, National Guard)
- Veterans
- Family Members
- Retirees

Specialized In:

- Individual Services (Children, Teens, Adults)
- Couples Services
- Family Services
- Group Services



Stay up-to-date with events and services for our Idaho Military Members and their Families



Scan for a complete booklet of resources for Military Families

REACH OUT

IF IN CRISIS, CALL 911
OR
SUICIDE & CRISIS LIFELINE 988



**SCAN TO LOCATE
A CRISIS CENTER
NEAR YOU**

For information, referrals, or to set up counseling, please contact:

Case Manager:
208-272-8802

**Director of Psychological Health
(Army):** 208-272-3786

**Director of Psychological Health
(Air):** 208-422-5313

Chaplain: 208-272-4311

Rona Brumpton LCPC, LMFT
Kelley Pierce LCPC, NCC, LSOTP
Chris O'Toole MSW, LCSW
Ka-Sia Baumer MSW, LCSW
Maurica Nelsen LCSW

Service Member & Family Support
4250 Cessna St. Bldg. 270
Boise, ID 83705
1-800-479-7006



BEHAVIORAL HEALTH & WELLNESS

SERVICE MEMBER &
FAMILY SUPPORT



OUR MISSION

We are dedicated to helping Service Members, Veterans, and their Families by assessing for immediate behavioral health needs and offering FREE confidential therapeutic support, education, and case management services.

Supporting Families Throughout Idaho

IDNG Behavioral Health & Wellness strives to assist Service Members, Veterans, and Military Families through the coordination and reinforcement of connections between schools, local government offices, churches, civic and volunteer administrations, and social services to meet the special needs of military affiliates before, during, and after deployment.



TREATED ISSUES MAY INCLUDE BUT ARE NOT LIMITED TO

STRESS & COPING WITH CHANGE

WORK-LIFE BALANCE

ANXIETY / DEPRESSION

ANGER MANAGEMENT

CONFLICT RESOLUTION

COMMUNICATION

PARENTING ISSUES

SELF-ESTEEM

RELATIONSHIPS

DECISION-MAKING SKILLS

ASSERTIVENESS TRAINING

GRIEF & BEREAVEMENT

CRISIS COUNSELING