FIRST LINE LEADER



First Line Leader was designed to build well-balanced leaders equipped with the skills and tools necessary to build cohesive and ready teams. The course builds trust, creates self-awareness, provides selfregulation tools, trains leaders to identify risk factors and how to connect others to the appropriate resources.

For this 8 hour course, our team will come to you. *Total Health workshops are available for Junior Enlisted during this time, if requested. FOR QUESTIONS OR TO REGISTER, CONTACT: TOTAL HEALTH LEAD

208-272-3271 idngj9healthandwellnessbranch@army.mil

Topics include: Building trust, improving communication skills, tools to help them lead and develop their subordinates, and using the Total Health model to identify risks and connect to resources



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